



18th Annual

ALIVE & RUNNING

5K Walk/Run
for Suicide Prevention

SUNDAY SEPT 25 2016

Volunteer Registration Form

Last year, over 200 volunteers joined in and helped us raise awareness for suicide prevention. These dedicated volunteers contributed tremendously to our efforts to make the event fun, informative and successful. You too can be part of our team by filling out the form below and returning it via mail (4760 Sepulveda Blvd., Culver City, CA 90230) or bringing it with you on race day. Proceeds from Alive & Running directly benefit the Suicide Prevention Center, which not only maintains a 24-hour crisis line but also provides support for those who have lost a loved one to suicide.

Volunteer Information:

- **Tasks include...**
 - Set-up & Breakdown
 - Distribute water and t-shirts
 - Assist walkers/runners with race bibs and chips
- **Students can earn up to 8 community service hours (required for high school graduation)**
- **Shift starts at 6:00am**
- **No experience needed!**
- **Receive a FREE continental breakfast and FREE Alive & Running t-shirt**

First Name	Last Name	Age	School Name (if applicable)
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Email	Emergency Contact (Name and Phone Number)
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Waiver/Release: In consideration of my entry, I the under-signed, intending to be legally bound, for myself, my executors, administrators, and assignees, do hereby waive and release the organizers of this race, Didi Hirsch Mental Health Services, the City and County of Los Angeles, Spectrum Sports, and all persons and agencies connected with this race from all claims of damages arising from my participation in and travel to and from this event. I also certify that I am physically fit and adequately trained to participate in this event. I hereby agree to release to race organizers full and exclusive rights to record my performance in said race on film, videotape, or still photography for use without any compensation.

Participant's Signature (parent or guardian if under 18)	Date
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